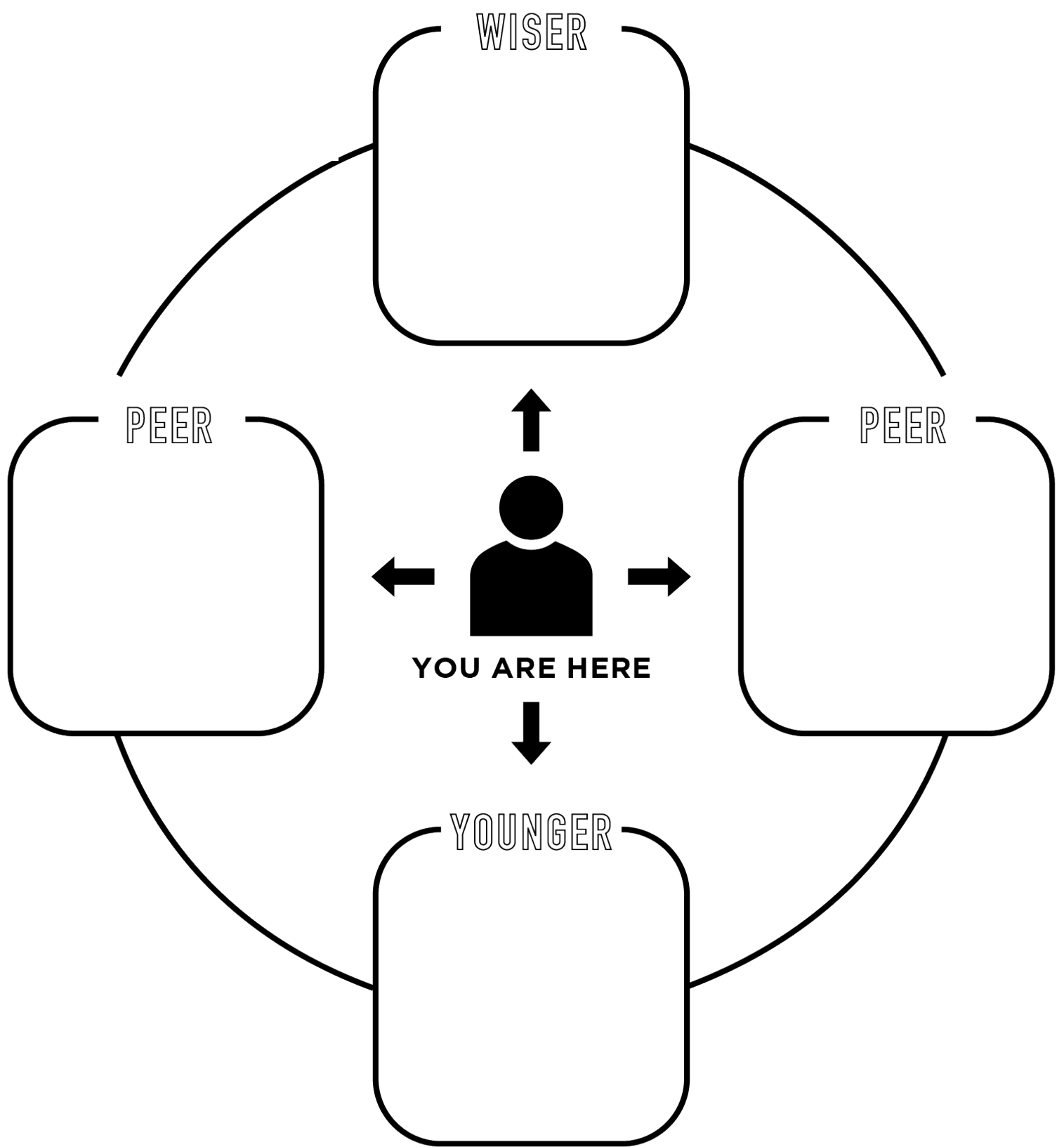


MENTORING CONSTELLATION



SESSION ONE

The Mentoring Constellation is the intentional relationships you choose to have. Specifically in some form of mentorship with older/ wiser people, peers, and younger people.

WISER: A wiser (often older) Christ-follower who you spend time with and is someone you learn from as you follow Jesus.

PEER: A Christ-follower who is similar in age and in the same season of life as you who gives you support and encouragement while you do the same for them.

YOUNGER: A Christ-follower who is younger in the faith or season of life that you can encourage and help them as they follow in the ways of Jesus.

QUESTIONS

1. What inspires you about having a life that has these sorts of relationships in them?
2. What feels possible and what feels impossible about the constellation for you personally?
3. Scripture: Read Mark 3:13-14. Jesus intentionally chose a few people to be with. What feels significant about this moment?

SESSION TWO

SCRIPTURE: Read Luke 6:12-16.

Jesus goes to the mountain (gets by himself) prays about who to be intentional with (asks for God's guidance), and then chooses people to pour into (choose people to "be with").

QUESTIONS

1. What has God been speaking to you about your mentoring constellation?
2. Who is someone that has made an impact on you and what did they do?
3. Do you see yourself as a potential mentor to others? Why or why not? If you mentored someone how could you encourage and help someone?

GO DEEPER

Pray over your own constellation and identify 1-2 people that can fit in each category.

1. Who is someone wiser/ older that you could ask to mentor or meet with you occasionally so you can learn from them?
2. Who is someone younger in your life that you could spend time mentoring, coaching, guiding?
3. Who are peers in your life that you can be intentional to meet with occasionally to sharpen one another?

SESSION THREE

SCRIPTURE: Read Matthew 28:16-20.

In The Great Commission, Jesus calls all believers to make other disciples. So the question becomes...**who are you leading?**

QUESTIONS

1. Did you pray about your own constellation and who you could choose to “be with?”
 - *Who is someone younger you prayed about?*
 - *Who are the peers you prayed about?*
 - *Who is someone wiser? (if needed)*
2. What is a practical first step for you in being more intentional about your own mentoring constellation?
3. What is your biggest fear or hurdle in taking that step(s) in being more intentional about mentorship in your life?

GO DEEPER

Be specific: Choose who, what, and when you will take the next step in choosing to “be with.”