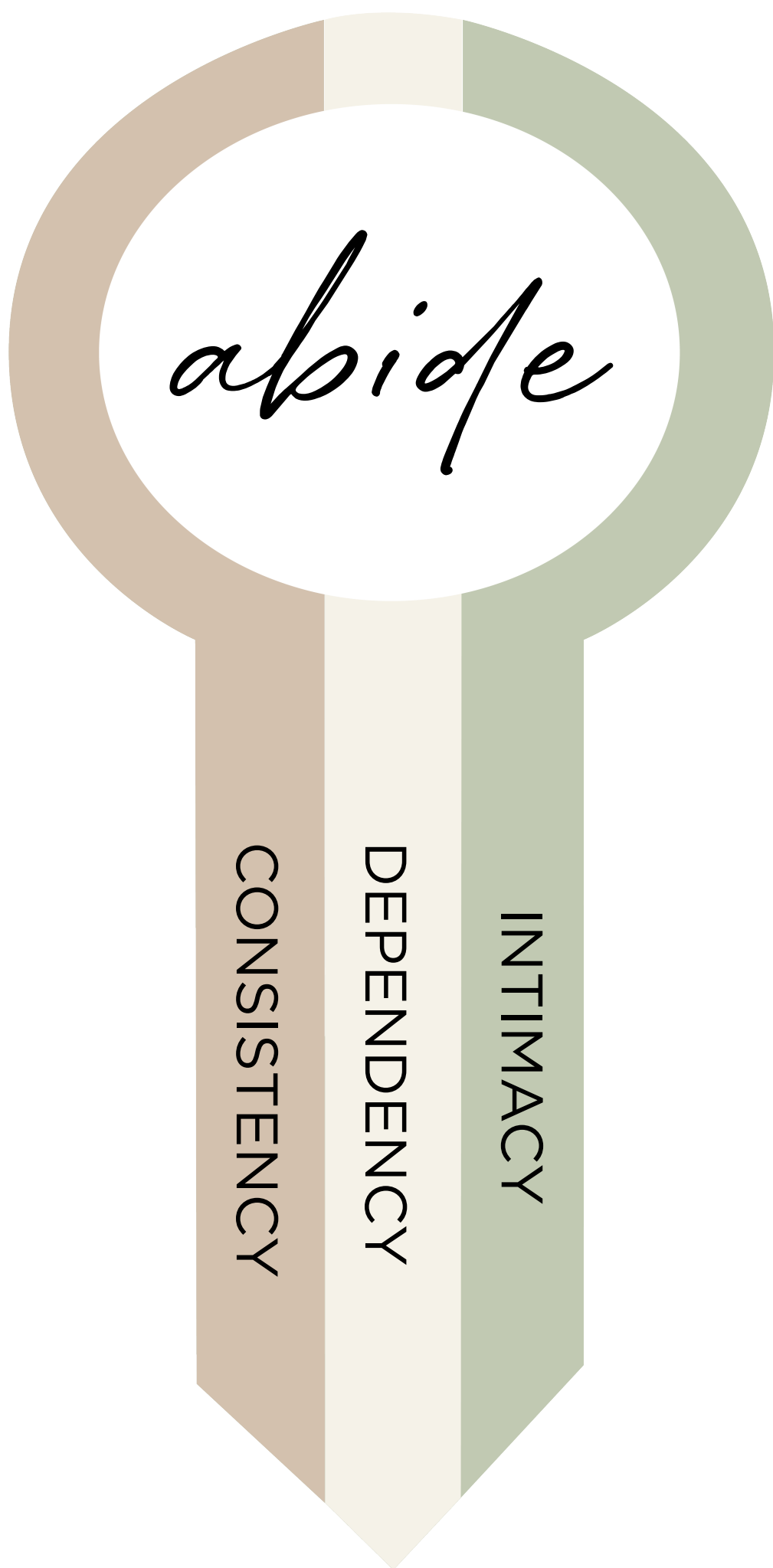


# KEYS TO ABIDING



# SESSION ONE

A follower of Jesus who **ABIDES** is one who remains in the love of Christ and keeps the fire of God burning in one's heart. This tool will help you grow in three keys to abiding in Christ.

**SCRIPTURE:** John 15:4. “**Abide** in me, and I in you. As the branch cannot bear fruit by itself, unless it **abides** in the vine, neither can you, unless you **abide** in me.”



*“Draw near to God, and he will draw near to you.” James 4:8*

## QUESTIONS

1. Consider your intimacy with Jesus. Do you feel near or far from him? Give yourself a number 1 to 10. 1 being in the danger zone...you feel far from God. 10 being you have legendary status with God.
2. What is your number? \_\_\_\_\_  
Why did you give yourself that number?
3. How does John 15:4 and James 4:8 encourage and/or challenge you?
4. How can you “draw near to God” and improve your number this month? Do you need to stop or start something?

# SESSION TWO

**SCRIPTURE:** John 15:5. Whoever **abides** in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.

In other words...your life is **dependent** upon God.



## QUESTIONS

1. Describe the ways and areas in your life that you rely and are dependent upon God?
2. The opposite of depending on God is depending on self. Consider how you depend on God and his ways versus depending on self and the ways of the world. Give yourself a number 1 to 10. 1 being in the danger zone...you depend on too many things other than God. 10 being you literally depend on God for everything.
3. What is your number? \_\_\_\_\_  
Why did you give yourself that number?
3. Why do you think God wants us dependent upon him?
4. How could you grow your dependency number by a point or two this month? Come up with a specific way(s) and work on them together with your mentor.

# SESSION THREE

**SCRIPTURE:** John 15:9. As the Father has loved me, so have I loved you. **Abide** in my love. If you keep my commandments, you will **abide** in my love, just as I have kept my Father's commandments and **abide** in his love.

Essentially, Jesus says, 'I've been **consis-**  
**tent**...now you must be too. I have kept my Father's commandments, I've **consistently** abided...and you must do this too.' This is essential!

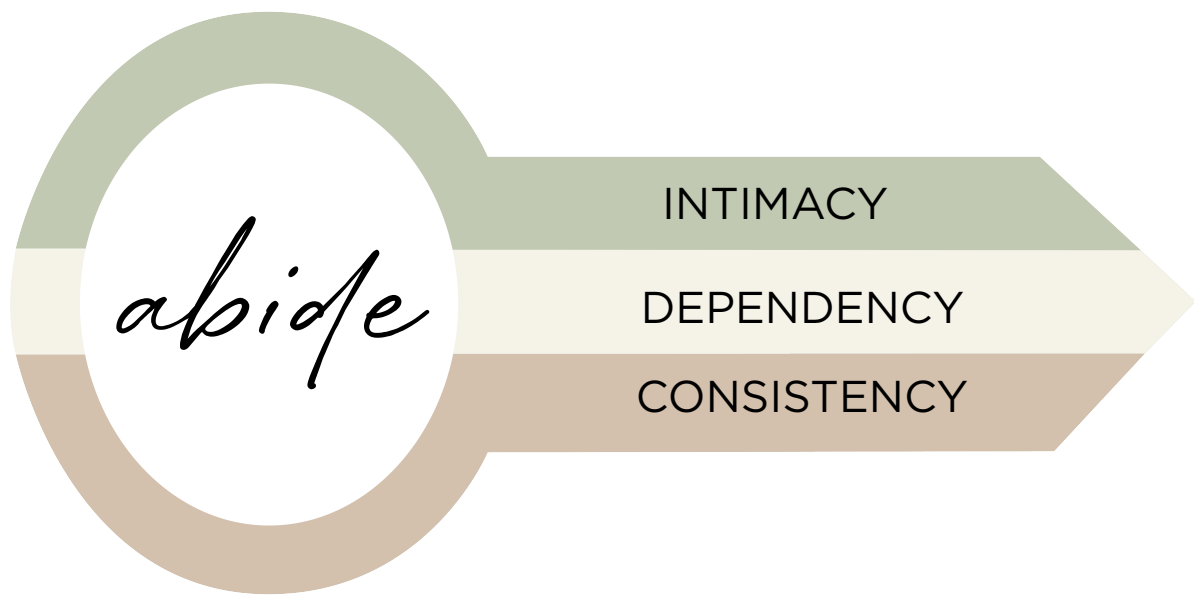


## QUESTIONS

1. Consistency is one of the most underrated values in our culture. Everyone is looking for a short-cut or life hack in order to avoid the discipline of consistency. How have you seen this in our culture (even in everyday examples)?
2. Self assess your consistency with your own spiritual disciplines and abiding in Christ. Give yourself a number 1 to 10. 1 being in the danger zone...you are very inconsistent. 10 being you are a rockstar at consistency.
3. What is your number? \_\_\_\_\_  
Why did you give yourself that number?
4. How could you grow your consistency number by a point or two this month? Come up with a specific way(s) and work on them together with your mentor.

# SESSION FOUR

**SCRIPTURE:** John 15:7. If you **abide** in me, and my words **abide** in you, ask whatever you wish, and it will be done for you.



## QUESTIONS

1. Read John 15:7, what are the implications of that verse and why do you think Jesus said this to his followers?
2. How has this tool helped you?
3. Which of the three keys was your lowest score? This is the area you need to put the greatest focus on in order to grow your spiritual health.
4. What are you most hopeful to see in your life with each of the keys? Intimacy? Dependency? Consistency?
5. So, what's next? Besides giving greater attention to these three keys you can ask the Lord to continue to teach you to abide.